



**MINNEWASKA**  
**GIRLS BASKETBALL**

**10,000 SHOT CLUB**

**Upon completion of the 10,000 shots, please return your tally sheet and this parent verification form to Brett Thorfinnson**

- Mail: Brett Thorfinnson                      email: bthorfinnson@isd2149.org
- 15601 SW Amelia Rd.
- Glenwood, MN 56334

Shots you record should be game shots. Work on shooting at game speed. (shoot quick shots, work on your form, layups at game speed, free throws) Instead of counting each shot, it may be easier to figure out how many shots you take at game speed in 10 minutes. For example, if you take 50 shots at game speed in 10 minutes then you can assume you are shooting 300 shots every hour. (shooting at the same pace)

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- May: \_\_\_\_\_(number of shots)
  - June: \_\_\_\_\_
  - July: \_\_\_\_\_
  - August: \_\_\_\_\_
  - Total: \_\_\_\_\_

Parent Signature \_\_\_\_\_

Player Information:

Name: \_\_\_\_\_ Grade \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

T-Shirt Size: YS YM YL S M L XL XXL